

## SACRAMENTO OFFICE

Last update: 04.10.20

**UNTIL FURTHER NOTICE, OUR GROUPS ARE MEETING VIRTUALLY. [PLEASE CLICK HERE](#) AND TYPE IN GROUP CITY LOCATION IN KEYWORD FIELD TO REGISTER FOR A SPECIFIC GROUP MEETING. YOU CAN ALSO REGISTER AT 1.800.272.3900.**

**\*This support group is facilitated by an Alzheimer's Association volunteer or staff member. All other groups are not affiliated with the Alzheimer's Association.**

### EL DORADO COUNTY

#### El Dorado Hills (1)

*Caring and Sharing*

**3rd Tuesday of the month, 5:30 – 7:00 pm**

Gilmore Senior Center

990 Lassen Lane

El Dorado Hills, CA 95762

\*Facilitator: Jillien Smith

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

#### El Dorado Hills (2)

*Care Partner Support Group*

**Last Thursday of the month, 10:30 am – Noon**

El Dorado County Senior Day Care Program

Gilmore Senior Center

990 Lassen Lane

El Dorado Hills, CA 95762

\*Facilitator: Jillien Smith and Ellen Miller

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### PLACER COUNTY

#### Rocklin (1)

**4th Wednesday of the month, 7 – 8:30 pm**

Atria Rocklin, Meeting in the Clubhouse

3201 Santa Fe Way

Rocklin, CA 95765

\*Facilitator: Jake Wolf

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

#### Rocklin (2)

**1st Tuesday of the month, 10 – 11:30 am**

St. Matthew Lutheran Church (**NEW ADDRESS**)

3785 Placer Corporate Drive

Rocklin, CA 95765

\*Facilitator: Laura Wayman

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

## SACRAMENTO OFFICE

Last update: 04.10.20

### Roseville (2)

**2nd Wednesday of the month, 10 - 11:30 am**

Kaiser Roseville Medical Center

1600 Eureka Road

Bldg. C, 4th Floor, RM C46I

Roseville, CA 95661

\*Facilitator: Beth Meuser

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Roseville (3)

**3rd Thursday of the month, 6:30 – 8 pm**

Main Timbers Lodge,

Meeting in the Club Room

7050 Del Webb Blvd.

Roseville, CA 95747

\*Facilitators: Lynn Xavier and Lisa Rose

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Roseville (4)

**4th Friday of the month, 1:30 – 3 pm**

Maidu Community Center, Arts and Crafts Rm

1550 Maidu Dr.

Roseville, CA, 95661

\*Facilitator: Susan Whitman

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

## SACRAMENTO COUNTY

### Carmichael (1)

**3rd Wednesday of the month, 2:45 – 4:15 pm**

Christ Community Church

5025 Manzanita Avenue, Rm. M-3

Carmichael, CA 95608

\*Facilitators: Larry Dawes, MSW-CMC and Lynn Barney

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Carmichael (2)

**4th Thursday of the month, 3:30 – 5 pm**

American River Community Church,

Fireside Room

3300 Walnut Avenue

Carmichael CA 95608

\*Facilitator: Merry Geil

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Elk Grove

**2nd Wednesday of the month, 10 – 11:30 am**

Senior Center of Elk Grove (**NEW ADDRESS**)

8230 Civic Center Drive

Elk Grove, CA 95757

\*Facilitator: Jackie McGrath

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

## SACRAMENTO OFFICE

Last update: 04.10.20

### Folsom

**2nd Friday of the month, 10 – 11:30 am**

Folsom Senior Center & Arts Center,  
Conf Room

48 Natoma St.

Folsom, CA 95630 (Next to City Hall)

\*Facilitator: Lisa Rose and Denise Davis

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Gold River

*Lewy Body Dementia Support Group*

**2nd Thursday of the month, 10 – 11:30 am**

Eskaton Lodge Gold River

11390 Coloma Road

Gold River, CA, 95670

\*Facilitator: Denise Davis

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Rancho Cordova

**2nd Thursday of the month, 6 – 7:30 pm**

Cordova Lutheran Church, Parish Hall

10400 Coloma Road

Rancho Cordova, CA 95670

\*Facilitator: Bonnie Rea

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Sacramento (1)

*Dementia Caregiver Writing & Poetry  
(no prior writing experience required)*

**1st Thursday of the month, Noon – 2 pm**

Alzheimer's Association Office

1455 Response Rd., Suite 190

Sacramento, CA 95815

\*Facilitator: Frances Kakugawa

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Sacramento (2)

**2nd Monday of the month, 10:00 am – Noon**

Kaiser Point West, Conference Room 3

1650 Response Road

Sacramento, CA 95815

\*Facilitator: Denise Davis

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### Sacramento (3) (NEW TIME!)

**2nd Friday of the month, 10 – 11 am**

Triple "R" Midtown

Hart Senior Center - Cypress Room

915 27th Street

Sacramento, CA 95816

\*Facilitator: Chantell Albers

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

## SACRAMENTO OFFICE

Last update: 04.10.20

### Sacramento (5)

#### *Frontotemporal Dementias Caregiver Support Group (Pick's Disease, FTD, PPA)*

**4th Wednesday of the month, 7 – 8:30 pm**

Shriner's Hospital

Located on the UC Davis Med Center Campus,  
Board Room

2425 Stockton Blvd.

Sacramento, CA 95817

\*Facilitator: Edward Fergusson

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### SAN JOAQUIN COUNTY

#### Stockton

**3rd Tuesday of the month, 6 – 7:30 pm**

St. Joseph's Medical Center,

Lower Level Classroom #3

1800 N. California Street

Stockton, CA 95204

\*Facilitators: Carla Little and Karen Juncker, RN

Contact: Denise Davis, 800.272.3900

### SOLANO COUNTY

#### Fairfield

**4th Thursday of the month, 9 – 10:30 am**

[Click Here For Flyer](#)

*Co-sponsored with Fairfield Senior Center*

Fairfield Senior Center

1200 Civic Center Drive

Fairfield, CA 94533

Contact: Dori Sproul, 800.272.3900

Email: [dsproul@alz.org](mailto:dsproul@alz.org)

#### Vacaville (1)

**2nd Wednesday of the month, 7 – 9 pm**

[Click Here For Flyer](#)

*Co-sponsored with NorthBay HealthCare Foundation*

NorthBay Vaca Valley Wellness Center

1020 Nut Tree Road

Vacaville, CA 95687

Contact: NorthBay Alzheimer's Resource Center, 707.624.7971

Email: [resourcecenter@northbay.org](mailto:resourcecenter@northbay.org)

#### Vacaville (3)

**4th Wednesday of the month, 6 – 7:30 pm**

[Click Here For Flyer](#)

McBride Senior Center

91 Town Square Place

Vacaville, CA 95688

Facilitators: Heather Case

Contact: Heather Gray, 800.272.3900

Email: [hgray1@alz.org](mailto:hgray1@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

## SACRAMENTO OFFICE

Last update: 04.10.20

### STANISLAUS COUNTY

#### Modesto (**NEW GROUP!**)

**2nd Thursday of the month, 2:30 pm – 4 pm**

Kaiser Permanente Modesto Medical Offices

Conference Room 1A9-4, 1st Floor

4601 Dale Road

Modesto, CA 95356

\*Facilitator: Carol Barlow and Denise Davis

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

### YOLO COUNTY

#### Woodland

**2nd Tuesday of the month, 6:30 – 8 pm**

Yolo Adult Day Health Center

20 N. Cottonwood St., Woodland, CA, 95695

\*Facilitators: Cathleen Jacques, MA and

Beth Conn-Ossenfort

Contact: Denise Davis, 800.272.3900

E-mail: [denise.davis@alz.org](mailto:denise.davis@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

## SACRAMENTO OFFICE

Last update: 04.10.20

### TELEPHONE SUPPORT GROUPS

#### Telephone Support Group (1)

*Dementia Caregiver Group*

**4th Monday of the month, 7 – 8:30 pm**

Facilitator: David Hahklotubbe

To register: Heather Gray, 800.272.3900

Email: [hgray1@alz.org](mailto:hgray1@alz.org)

#### Telephone Support Group (2)

*Frontal Temporal Dementia Adult Children  
Caregiver Group*

**3rd Thursday of the month, 5 – 6:30 pm**

To register: Jamie C. Fong, MS, CGC

Email: [jfong@memory.ucsf.edu](mailto:jfong@memory.ucsf.edu)

#### Telephone Support Group (3)

*Spanish Speaking Caregiver Group*

**2nd Wednesday of the month, 7 – 8:30 pm**

To register: Yulian Mendoza-Flores,  
831.647.9890

Email: [ymflores@alz.org](mailto:ymflores@alz.org)

#### Telephone Support Group (4)

*Support Group for families caring for a loved  
one with a developmental disability who is  
exhibiting signs of Alzheimer's disease*

**3rd Thursday of the month, 6 – 7 pm**

[Click Here for Flyer](#)

To register: Marianne Iversen, 925.362.8660  
ext. 103

Email: [marianne@dsconnection.org](mailto:marianne@dsconnection.org)

### GOOGLE HANGOUT GROUPS

#### Google Hangout Support Group (1)

*Young Dementia Caregiver Support Group*

[Click Here for Flyer](#)

**2nd Wednesday of the month, 7:30 – 9 pm**

To register: [vsouza@alz.org](mailto:vsouza@alz.org)

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*