

Respite Record

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Hello Friends of OSEC,

We are happy to share with all of you that we are almost finished with the development of the Training Program for the Volunteer Care Specialist for One Source - Empowering Caregiver's in home respite care program.

We have some very dynamic, generous, and conscientious individuals who are volunteering their efforts, time and resources to present this comprehensive training to our community.

The training provided to OSEC volunteers who wish to obtain their Volunteer Care Specialist Certificate will include a four day, comprehensive course that includes areas such as:

- Communications Skills
- Safety
- Medical Issues
- Legal Issues

We are NOW recruiting individuals who are interested in providing in home, non medical, companion care to assist caregivers who are caring for their loved ones at home.

This training is provided free through One Source - Empowering Caregivers.

If you are interested in volunteering for this new ground breaking caregiver supportive service for Nevada County, please call 530-477-6389 today. We will help you get started on a rewarding journey that will change the lives of caregivers and their families. Thank you! Donna Raibley

Go to our website to learn more: onesourceempoweringcaregivers.com

Volunteer Voice
JEREE WALLER



“Never underestimate the power of a small group of committed people to change the world. In fact it is the only thing that ever has.”

Margaret Mead

We want to recognize and thank
JEREE WALLER

for her commitment and valuable efforts in helping to build OSEC from the beginning. We are honored and privileged to have her on our Board of Directors.

Jeree has a passion for helping seniors and people with disabilities live independently. She has a Master's Degree in counseling and has worked in related fields since 1977.

Jeree recently retired as Supervisor and Chief Deputy Public Guardian for Nevada County Adult Services. She now enjoys her position as a caregiver and Outreach Coordinator at Interim Healthcare in Grass Valley.

Jeree was one of the founders and first employees of FREED, our local Independent Living Resource Center for people with disabilities. She also volunteered with Bristol Hospice to bring respite care to seniors and their family caregivers.

Jeree has been married 41 years and has two adult daughters. When she is not playing with her six grandchildren, she enjoys her Native American flute and singing at her church.

We are so grateful for Jeree and the joy she brings with her in volunteering with OSEC.